

ABC SAFETY

OSHA 10-Hour Class

September 29, 2010 - 7:00 a.m. - 6:00 p.m.

Loveland, CO

The OSHA 10-hour Construction Outreach Program places emphasis on the most hazardous areas in construction. The course uses OSHA standards as a guide. It is extremely valuable to supervisors, managers, and foremen. Attendees who successfully complete this class will receive a wallet card from OSHA and a copy of the 1926 CFRs.

Important topics covered:

- Introduction to OSHA;
- Materials Handling, Storage, Use and Disposal;
- Tools - Hand and Power;
- Scaffolds;
- Cranes, Derricks, Hoists, Elevators, & Conveyors;
- Excavations;
- Stairways and Ladders;
- Fall Protection;
- Electrical;
- Struck by, and Caught in/between; and
- Personal Protective and Lifesaving Equipment

Who Should Attend: Every member of your construction workforce needs this class to provide the base-line safety knowledge necessary to keep themselves and their coworkers safe. Maintain a low EMR by sending your workforce to this important class.

Location:

LPR Construction Co.
1171 Des Moines Avenue
Loveland, CO 80537

Limited Seating Available!
Make sure to register early!!!



Registration Deadline is September 22, 2010 • Includes lunch and FREE copy of 1926CFRs

Company _____

Address _____

Contact _____ Contact Ph# _____

Attendees _____ Name _____ email - required _____

_____ Name _____ email - required _____

Method of Payment Check Visa MasterCard Discover CV# _____ Exp. Date _____

Account # _____ Cardholder (print) _____

Signature _____ Email _____

Members Attending _____ x \$150 per person = _____

Nonmembers Attending _____ x \$175 per person = _____

No refunds will be issued to no-shows or cancellations made after the above RSVP date.
ABCRCM has the right to cancel any class if the required minimum number of attendees is not met.

Champion for the Industry; Powered by the Strength of Many, Acting as One.

ABC Rocky Mountain • 2267 West Yale Avenue • Englewood, CO 80110 • 303-832-5812 • www.abcrmc.org



Rocky Mountain